

LESSON 002 - Chiropractor

# Dialog:

# A: Why are you walking funny?

B: I must have **slept wrong** or something. I woke up this morning with an awful pain in my lower back.

A: You should go see a **Chiropractor**.

B: I don't believe in them. They aren't even **real doctors**. They are just the guys who couldn't get into **med school**. It's all **voodoo**.

A: I thought it was **quack science** too until I found out first hand that they can be really helpful. My back got totally fixed after just 3 sessions.

B: Really? well I guess I'll try anything at this point. I'm pretty desperate.

# Phrases and Vocabulary Used:

**Walking funny:** "walking funny" is an expression we use to talk about someone who is walking in a way they normally don't. People "walk funny" when they are hurt.

**Slept wrong:** If you slept in a weird position, possibly from having a bad dream, we say we "slept wrong". Often you feel sore the next day after sleeping wrong. Maybe your back or neck hurts.

**Chiropractor:** A chiropractor is a kind of medical practitioner who focuses mainly on people's back problems.

**Real doctors:** There is often a joke about someone being a "real doctor" or not. Some people make jokes about dentists and chiropractors not being "real doctors". You'll probably catch this type of joke if you watch a lot of TV or movies.

**Med school:** This is short for "medical school". Medical school is considered difficult to get into and doctors are well respected within western society.

**Voodoo:** A spiritual belief without any scientific backup. Sticking needles in a doll and saying that a person will get sick is an example of voodoo.

**Quack science:** Something unscientific. Something not respected within the scientific community.



## FULL PODCAST TRANSCRIPT:

We're back here for lesson number two in the VIP room China to 232.com Add, We've got another dialogue on our hands. We definitely do, we're pretty much ready to jump right in... I think we're gonna keep it pretty clean over here in the VIP section because you guys know what it's all about over here...we're going to talk about it afterwards, so it doesn't really matter and you know, the dialogue is just kind of the start of the lesson anyway.

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B: Really? well I guess I'll try anything at this point. I'm pretty desperate.

Alright, so this one's pretty culturally rich I would say Add... it's a lot of stuff you see on TV and I'm not sure about in Europe, but certainly in North America we talk a lot about..we make a lot of jokes about this. You'll see them in TV, movies.. we make jokes about these chiropractors not being real doctors ... we're going to get ...we're gonna get into this whole cultural bit...The first one is walking funny...we're talking about, why are you walking funny... and this expression means ... if someone gets hurt and they walk in a way that it's kind of unusual... they wouldn't normally walk that way we often refer to that as walking funny...there's nothing really funny about it except it just looks stupid... Right it might not be funny at all and you could have been in a car accident or something and then you'll be walking funny after that...yeah, so walking goes with funny that's what they're talking about... so they walk funny when they're hurt... and Add said, here's another good one. He must've slept wrong or something...What does it mean if you sleep wrong?... It just means that you slept in a weird position or you didn't have a good night's sleep for some reason maybe a bad dream. Maybe you're thinking about something...and the next day, you just



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didn't have a good sleep... so that's what happened you slept wrong. Yeah, but Add...this doesn't just refer to having a bad sleep... this is sleeping in a way that when you wake up the next day your body hurts because you work in a weird position, and the idea is...the weird position could be obviously from a bad dream. You don't even know why you're in a weird position, maybe you were drunk...who knows what you were doing. You...You just kinda...you slept weird. really.... Right, something happened that night, you don't even know it happened because you were sleeping right... Yeah, so you slept wrong. You wake up you're walking funny and I suggest you should go see a chiropractor, which is a kind of medical practitioner who focuses mainly on people's back problems..so if you hurt your back or you're walking funny or whatever... I always hurt my back... I don't know why but I'm kind of an idiot in the gym sometimes...try to lift too much weight and hurt my back...and you got to go to the chiropractor and they adjust your back. They crack it and it sounds painful, but actually I found... I've done this in real life. It really does work. I've found it to be amazing actually as well...they don't even...they don't have any I don't think here. Maybe they do, but they're pretty rare, and I would love to go to one because they do... they feel great when they give you that back cracking... and some people actually refer to chiropractors as a "back cracker". Yeah, and Add says they aren't even real doctors in the dialogue....and this is kind of the first cultural thing.... If you go to medical school, these are people that sometimes are referred to in our society. They're highly respected because it's pretty hard to get into medical school...so these are the real doctors... we make jokes about people who couldn't get into medical school. They didn't have the grades are the ones who become chiropractors. Obviously not always true, but certainly sometimes it is true Add... Right, it might not have been your first choice to go to this chiropractic college and you didn't get into med school, but you thought, hey, it was a fallback plan, and I'm still gonna go somewhere so I might as well be a chiropractor... and you can make a lot of cash doing that... they are effective...So, anyway....so whatever, if you hear these jokes about people not being real doctors it's because they couldn't get into med school...it's a short form for medical school and as we pointed out, this is considered quite difficult. It's pretty respected by most of society... If you went to med school... if You went to med school you're a real doctor... if you didn't you're not a real doctor guote unguote...Right, and you're talking about being a real M.D. or medical doctor... You can be doctors of different subjects. That's not usually how they're referred to as...Yeah, they make jokes....people with Ph.D.'s aren't real doctors. Even though they are doctors.... so this is.... They're not a real medical doctor, which in society does seem to be the most respected one... and that's the one the jokes are made about....on TV all the time, if you watch friends you'll hear....people make jokes... Ross isn't a real doctor...Right, in sitcoms, you often hear this kind of thing. It's a very... I don't know why they always make this kind of a joke..it's not even really that funny, but it comes up time and time again so we wanted to talk about it...Yeah, exactly... Yeah, it's not funny at all actually, but you'll atleast understand why the audience in the TV's laughing if you hear about this real doctor stuff... But anyway...Next one, Add says,



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It's all voodoo, and voodoo is this old tradition where you put pins or needles in these fake dolls that are supposed to represent people, and if you put a pin in someone's heart in the dolls heart. Then the person is supposed to have a pain in real life in the heart... it's unscientific. It makes no sense ....so if you refer to something as voodoo you're saying it's very unscientific and it doesn't work... it's completely stupid...Yeah, I don't think putting a pin in something that's not the person is really gonna effect them that much... but maybe I don't know what I'm talking about... that's just what I feel at this point...it actually can work..and it used to if the other person believes that voodoo will work..its kind of like if someone tells you you've got a terrible disease, you're gonna probably feel it and then they go, oops, I was just kidding or they read the wrong sheet... I was talking about another patient. Then you go....whoooa....ok, I feel better. So that's kind of how voodoo worked... based on your beliefs..but anyway.. If you say it's all voodoo it means it's all a bunch of garbage...Right, unless you believe in it...so just don't believe in it and then you're okay I guess.... Yeah...and the last one we have here is "quack science". Similar to voodoo, just means something very unscientific something not respected within the scientific community. Yeah, so quack science is a bigger term... voodoo is a particular type of quack science. It's not really science is the idea it's for a bunch of idiots really... is the idea of this quack science... if you... no one would admit they believe in quack science..it just means fake science. It's not even real... right, that's the point.... they don't.... if they believe in something, they're not gonna say it's quack science because they believe... they believe it's a real science then.... Right, so there's arguments what is and what isn't guack science.... Is being a chiropractor quack science? I don't think so, but....or some people think astrology is a quack science some people think it isn't a quack science...same idea...the Sun. the Moon does it have an effect? When your birthday was...Does that mean anything. I don't think so personally, but that's my opinion I suppose...Add thinks it's a quack science. Everyone's got their opinion... love to hear your comments on the website, you know what it is triple W dot China232.com